

# Mark Keppel High School

## Student Bulletin Monday November 27th, 2023 Bell Schedule - Collaboration

**"The key to life is to develop an internal moral, emotional G.P.S. that can tell you which way to go."— Oprah**

### ATHLETIC

**Athletic Events: Week of Nov. 27th-Dec 2nd, 2023**  
**Show school spirit and pride; attend sporting events.**  
Check [MKHS](https://www.mkhs.org) website for all scheduled games

- **Medical Clearance Paperwork** must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- Attention Fall and Winter Girl Athletes, if you are interested in trying out for the swim team, please contact Coach Perez.
- MKHS Athletic Webpage: [mkhs.org](https://www.mkhs.org) (Students Tab, Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010
- Congratulations to...

#### ***Monday, November 27th - Collaboration Schedule All Periods***

- Girls' JV & Frosh/Soph Basketball @ Chino - Games Begin 3:30PM - Early Dismissal 1:30PM - Bus Leaves 2PM
- Boys' Frosh & JV BB Tournament - Aztec Arena & Aztec Gym - Games Begin 3:30PM - Early Dismissal 2:30PM
- Boys' JV Soccer vs Edgewood - 4PM - Aztec Stadium - Early Dismissal 3PM
- Boys' Varsity Soccer vs Edgewood - 5:30PM - Aztec Stadium - No Early Dismissal

#### ***Tuesday, November 28th - Block Schedule Periods 1, 3, 5***

- Boys' Frosh & JV BB Tournament - Aztec Arena & Aztec Gym - Games Begin 3:30PM - Early Dismissal 2:30PM
- Girls' JV Soccer vs Whittier - 3:30PM - Aztec Stadium - Early Dismissal 2:30PM
- Girls' Varsity Soccer vs Whittier - 5PM - Aztec Stadium - No Early Dismissal

#### ***Wednesday, November 29th - Block Schedule Periods 2, 4, 6***

- Boys' Frosh & JV BB Tournament - Aztec Arena & Aztec Gym - Games Begin 3:30PM - Early Dismissal 2:30PM
- Boys' JV & Varsity Soccer @ Rosemead - Games Begin 3:30PM - Early Dismissal 2PM - Bus Leaves 2:30PM

#### ***Thursday, November 30th - Regular Schedule All Periods***

- Boys' Frosh & JV BB Tournament - Aztec Arena & Aztec Gym - Games Begin 3:30PM - Early Dismissal 2:30PM
- Girls' JV Soccer vs Sierra Vista - 3:30PM - Aztec Stadium - Early Dismissal 2:30PM
- Girls' Varsity Soccer vs Sierra Vista - 5PM - Aztec Stadium - No Early Dismissal

- Girls' Frosh/Soph Basketball @ Pasadena Poly - 3:45PM - Early Dismissal 2PM- Bus Leaves 2:30PM
- Girls' Varsity Basketball @ Flintridge Prep - 7PM - No Early Dismissal - Bus Leaves 5:30PM

### ***Friday, December 1st - Regular Schedule All Periods***

- Boys' Frosh & JV BB Tournament - Aztec Arena & Aztec Gym - Games Begin 3:30PM - Early Dismissal 2:30PM
- Boys' JV & Varsity Wrestling @ Millikan Tournament - Dual Meet Begins 4PM - Early Dismissal 1:30PM - Bus Leaves 2PM
- Boys' JV & Varsity Soccer @ San Marino - Games Begin 4:15PM - Early Dismissal 2:15PM - Bus Leaves 2:45PM

### ***Saturday, December 2nd***

- Boys' JV & Varsity Wrestling @ Millikan Tournament - Dual Meet Begins 9AM - Bus Leaves 7:30AM
- Girls' Varsity Wrestling @ Hillcrest Tournament - Dual Meet Begins 9AM - Bus Leaves 6:30AM

## **BAND & COLOR GUARD**

**CONGRATULATIONS, to Band and Color Guard, for placing 5th at Championships!** They went in 11th and climbed 6 spots, earning them 5th overall and 2nd in music. Congrats on a successful season! You make us very proud!

## **WINTER CONCERT**

Come and get in the holiday spirit and support the choral music department. Our Winter Concert "**Winter Wonderland**" will be this Friday, December 1st at 7:00PM in the Auditorium. Tickets are \$10 and are available at the student bank or at the door

## **SPARK OF LOVE**

In Partnership with the Fire Dept, we're collecting unwrapped toys for the Spark of Love Project. Drop offs can be done in front of the Counseling Office.

## **COVID TEST**

Covid tests can be picked up in the B&A office.

## **POWERTIME**

**TO ALL STUDENTS** do not forget to log into Adaptive Scheduler to select tomorrow's location.

## **WELLNESS CENTER WEDNESDAY POWERTIME**

Gateway to Success Counselors will be hosting Powertime in the Wellness Center. Sign up with Ms. Andrea Madrigal on Adapter Scheduler. There are only 10 Seats Available for each Powertime Session: Open to All.

**Wednesday, 12/6/23-** Managing & Overcoming Test Anxiety

**Description:** Learn skills & strategies to prepare for upcoming tests and manage test anxiety.

Sign up with Ms Madrigal on Adapter Scheduler

## **MENTAL HEALTH MONDAY LUNCH TABLE**

Join us for our "Mental Health Monday Lunch Table":

Counselors will be out in Palm Court **TODAY** during lunch with mental health resources on campus and to raise awareness on **National Homeless Youth Awareness Month. Make sure you're wearing green for a chance to win some goodies.** Stop by, say hi, and pick up resources and information about mental health and raising awareness on Homeless Youth.

## **FOOD RECOVERY**

In an effort to not let food go to waste. We have bins placed by the end of the checkout lines. Place unopened items you do not want into the bin. This is a way for us to give what we can back to the food bank in our community. Please do not put trash in these bins.

## **STUDENT BANK**

### **Student Bank Hours:**

- ★ Monday : 8:00 a.m.- 4:30 p.m.
- ★ Tuesday: 8:00 a.m. -4:30 p.m.
- ★ Wednesday: 12:00 p.m. -4:30 p.m.
- ★ Thursdays: 8:00 a.m.- 4:30 p.m.
- ★ Friday: 8:00 a.m.-4:30 p.m.

## **LOST & FOUND**

The Student Support Services office has a metal cabinet with lost & found items. Items that are not picked up will be removed at the end of each month.

## **LUNCH**

**REMINDER to all students that food delivery or drop off on campus is not allowed.**

For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop-Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.

## **STUDENT PARKING**

When parking in the front lot, students are allowed to park only on the left side facing Hellman. The right side closest to the school is reserved for visitors. Parking spaces are limited, and it's first come first served. The lot will be closed at 7:30 AM